

Waterbury Area
SENIOR CENTER

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THIS MENU SUBJECT TO CHANGE
WITHOUT NOTICE

July 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Cacciatore w/WW Noodles Carrots, Broccoli, and Cauliflower WW Roll Strawberries	2 Sausage Gravy WW Biscuit Hard Boiled Eggs Roasted Potatoes Banana Apple Juice	3 Turkey, Stuffing, & Gravy Mashed Potatoes Butternut Squash WW Roll Birthday Cake	<i>Closed For Independence Day</i>	5 Homemade Beef Stew WW Biscuit Tossed Salad Brown Rice Peaches
8 Chicken Caesar Salad w/Tomatoes WW Roll Pineapple Raspberry Brownie	9 French Toast Sticks Roasted Potatoes Mixed Melon Yogurt Orange Juice	10 Baked Ham w/ Raisin Sauce Scalloped Potatoes Ginger Seasoned Carrots WW Roll Upside Down Pineapple Cake	11 Chicken Salad Sandwich on WW Bread w/ Lettuce and Tomato Corn Chowder Grapes	12 WW Breaded Fish Brown Rice Pilaf Homemade Cornbread Seasoned Spinach Orange
15 Cheese Ravioli w/Marinara Sauce & Shredded Mozzarella Tossed Salad w/Tomato WW Roll Mango	16 Scrambled Eggs Hash Brown Patty Cantaloupe WW Biscuit Apple Juice	17 Stuffed Green Pepper w/ Hamburger and Brown Rice Tossed Salad w/ Tomato WW Roll Homemade Applesauce Cake	18 Chef Salad w/ Turkey, Ham, Eggs, & Cheese WW Roll Pineapple Chocolate Chip Cookie	19 Pulled Pork on a WW Roll Mashed Sweet Potatoes Four Bean Salad Peaches
22 Chicken Alfredo WW Pasta Seasoned Broccoli Tossed Salad W/ Tomatoes WW Roll Brownie	23 Spinach & Mozzarella Quiche Roasted Potatoes Yogurt WW Blueberry Muffins Orange Juice	24 Roasted Pork Loin, Gravy & Mashed Potatoes Seasoned Carrots WW Roll Strawberry Shortcake	25 Cheeseburger on WW Roll Lettuce & Tomatoes Summer Squash Fruit Cup	26 Turkey and Provolone Wrap w/ Lettuce and Tomato Potato Salad Watermelon
29 Pepperoni & Cheese Pizza on WW Crust Tortellini Salad with Tomatoes Cucumbers Apple	30 Banana Pancakes Scrambled Eggs Yogurt Cantaloupe Grape Juice	31 Spaghetti and Meatballs Tossed Salad w/Tomatoes WW Garlic Bread Apple Pie		