

*Waterbury Area*  
SENIOR CENTER

**April 2024**

Monday	Tuesday	Wednesday	Thursday	Friday
1 Spaghetti & Meatballs Tossed Salad w/Tomatoes WW Garlic Bread Mandrin Oranges	2 WW French Toast Roasted Potatoes Yogurt Orange Cranberry Muffin Orange Juice	3 Turkey & Stuffing with Gravy Mashed Potatoes Butternut Squash WW Roll Homemade Birthday Cake	4 Chef's Salad w/ Ham, Turkey, Egg, Croutons and Cheese WW Roll Pineapple Lg Oatmeal Raisin Cookie	5 WW Breaded Fish Brown Rice Pilaf Homemade Cornbread Muffin Seasoned Spinach Orange
8  <b>Closed</b>	9 Scrambled Eggs Hash Brown Patty Yogurt Cantaloupe WW Biscuit Apple Juice	10 Stuffed Green Pepper w/ Hamburger and Brown Rice Tossed Salad w/ Tomato WW Roll Homemade Applesauce Cake	11 Chicken Salad Sandwich on WW Bread w/ Lettuce and Tomato Corn Chowder Grapes	12 Pulled Pork on a WW Roll Mashed Sweet Potatoes Four Bean Salad Peaches
15 Chicken Scampi WW Pasta Seasoned Broccoli Tossed Salad W/ Tomatoes WW Roll	16 Spinach & Mozzarella Quiche Roasted Potatoes Homemade WW Blueberry Bread Orange Juice	17 Roast Pork Loin Scalloped Potatoes Ginger Seasoned Carrots WW Roll Upside Down Pineapple Cake	18 Philly Cheese Steak w/Peppers &Onions on WW Roll Tossed Salad w/ Tomato Fruit Cocktail	19 Herb Baked Chicken WW Pasta w/ Marinara WW Roll Caesar Salad w/Tomato Mandarin Oranges
22 Pepperoni & Cheese Pizza on WW Crust Tortellini Salad with Tomatoes Cucumbers Applesauce	23 Oatmeal Hard Boiled Eggs Dried Mixed Fruit Yogurt Lg Banana Oatmeal Cookie Apple Juice	24 Meat Lasagna Tossed Salad w/Tomatoes WW Roll Cherry Pie	25 Tuna Salad Sandwich on WW Bread w/ Lettuce & Tomato Cole Slaw Tomato Soup Pears	26 Sweet and Sour Chicken Brown Rice Broccoli & Carrots Spring Rolls Peanut Butter Bars
29 Oven BBQ Chicken WW Roll Dilled Carrots Tomato and Cucumber Salad Grapes Chocolate Chip Cookie	30 Pancakes Scrambled Eggs Roasted Potatoes Banana Orange Juice			

THIS MENU SUBJECT TO CHANGE  
WITHOUT NOTICE